



## Three Points of Contact: 12.5 Ways to Jumpstart Your Life and Weather Any Storm (Paperback)

By Gregory Q Cheek

Greg Cheek, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Three Points of Contact outlines a 12.5-step strategy to help readers on any path manage and conquer any of life s storm. Greg uses a unique strategy using the 12.5 strategies to overcome failing high school and being homeless. Greg serve as an enlisted member in the US Air Force and a commissioned officer in the US Army. Greg completed 20 years of military service that included a tour of, combat duty, graduating from undergraduate, graduate, military command and staff college and a grim stage III cancer diagnosis. All the skills throughout Greg s life helped him put together these set of strategies that he applied while going through cancer treatment. Through a learned skill set including optimism, visualization, and action, Three Points of Contact presents a principle-centered method to promote one s happiness, health, and positivity. These points will provide readers with a trifecta of key concepts to transform one s life and create a collection of skills to be used in any situation. Live a life of happiness, health, success, and resilience with the three...



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