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## The Eat-a-Bug Cookbook

By Gordon, David George/ McAndrews, Chugrad (PHT)/ Fildes, Karen Luke (ILT)

Random House Inc, 2013. Paperback. Book Condition: New. Reprint. 19.05 x 24.13 cm. "With its stylish new package, updated information on the health and environmental benefits of insect eating, and breed-your-own instructions, this new edition of The Eat-a-Bug Cookbook is the go-to resource for anyone interested in becoming an entomological epicure. Before Andrew Zimmern and Anthony Bourdain began seeking out exotic and outright bizarre foods, The Eat-a-Bug Cookbook established insect cuisine as the new food frontier and has sold consistently over the last decade. Today, insect eating is more than just a fringe movement and this revised edition of The Eat-a-Bug Cookbook is a complete primer for everyone who wants to source, cook, and broaden their culinary horizons with edible insects" -- Our orders are sent from our warehouse locally or directly from our international distributors to allow us to offer you the best possible price and delivery time. Book.



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