



## Sucking Mud (Paperback)

By Barbara Eustice Cooper

Cross Wise Publishing, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Low enough to be sucking mud is exactly how low author, Barbara Eustice Cooper reports she felt as an out of control alcoholic. She describes the roller coaster lifestyle that alcohol brought to her and her children. In her book, Sucking Mud Barbara cites the despair that came with the repetitious cycle of meeting one alcoholic prince charming after another, falling in love, getting married and shortly thereafter getting divorced. Nonetheless, according to the author, there is a bright side to her story, and that is her 30 plus years of sobriety. Barbara Cooper wants to share her success story with the world in hopes that possibly at least one alcoholic or addiction burdened individual will read her story, be able to relate and be rescued. If that happens, Barbara states it will have been worth the gut wrenching pain of having revisited a past life she would, by far, rather have forgotten.

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