



Easy Hiking Recipes Simple meal ideas for day hikes and other outdoor adventures

By Tiffany Picard

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 114 pages. Dimensions: 9.1in. x 6.1in. x 0.4in. If you love the outdoors but are tired of eating the same cold pizza, fast food, and energy bars when you're out on an adventure, this book is for you. If you want to eat well while hiking, but don't like long, involved recipes with lots of expensive ingredients, this book is for you. If you prefer to ad lib and get creative with your cooking, rather than following recipes word for word, this book is for you! What if you could whip up easy, delicious homemade meals and save time and money in the process? This book contains simple recipes that are easy to make, pack well, and contain nutrients you need to keep your energy high all day. You'll also get bonus packing and nutrition tips, and hundreds of recipe variations to spur your own creativity. It's not so much a recipe book as an inspirational guide on how to create quick, healthy, and tasty meals for outdoors fun! This item ships from La Vergne, TN. Paperback.



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